

# Suicide Grief Support Resources throughout Ohio

### Local Outreach to Suicide Survivors (L.O.S.S.) Teams

A L.O.S.S. Team is an active suicide postvention model. This model involves two or more trained volunteers who proactively go to the scene of a suicide to provide immediate support to those left behind. At least one of these two trained volunteers is a survivor of a suicide loss. L.O.S.S. Team volunteers provide support, resources, and understanding.

Many L.O.S.S. Teams across Ohio also support and provide resources to loss survivors long after their loss occurs.

Learn more about resources or volunteering with a L.O.S.S. Team



# Ohio Suicide Prevention Foundation



614-429-1528 | support@ohiospf.org ohiospf.org | 175 South 3rd Street Suite 700 Columbus, OH 43215

#### **Survivor of Suicide Loss Support Groups**

For some suicide loss survivors, participation in a support group is felt to be their only access to people who they feel can understand them.

The goal of a suicide loss support group is to help loss survivors learn to cope. They do this by listening to others and sharing (if they choose) in a safe space.

Support groups are often facilitated by trained loss survivors or licensed mental health professionals.

Learn more about Support Groups near you:



#### Suicide Prevention Coalitions

Suicide Prevention
Coalitions are an asset
for communities to help
prevent suicides and
participate in
postvention support.



Together, members of a Suicide Prevention Coalition can do more to reduce suicides, support suicide loss survivors, and inspire change in the world around them than if they work by themselves.

Learn more about Suicide Prevention Coalitions including how you can get involved:



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