



## FIRST RESPONDERS

More law enforcement officers and firefighters have died by suicide as compared to other line-of-duty related deaths. Worse, it's believed that the number of public safety personnel who take their own lives is underreported, making the actual numbers even higher.

### By the Numbers

**30%**

**of first responders develop depression, PTSD, and other behavioral health conditions**

**6.6%**

**vs. 0.5% of fire and EMS personnel have attempted suicide compared to civilians**

**10x**

**the rate of first responders who contemplate suicide vs. the average American adult**

Suicide prevention resources may be better received if they're delivered by a fellow first responder or someone well trained in first responder culture and experience.

Ohio Suicide Prevention Foundation



614-429-1528 | [support@ohiospf.org](mailto:support@ohiospf.org)  
[ohiospf.org](http://ohiospf.org) | 175 South 3rd Street  
Suite 700 Columbus, OH 43215

# In Crisis?



If you're a first responder in crisis or concerned about one, reach caring, trained responders 24 hours a day, 7 days a week.



From (2017-2022), 53 of Ohio's first responders died by suicide. Nationally, 1,242 first responders died by suicide.

(Suicide is underreported)

## Resources



Department of Public Safety



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