

Ohio Suicide Prevention Foundation



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Connecting for Life

Dear Friends,

The Ohio Suicide Prevention Foundation wishes you a Happy New Year and sincerely thanks you for the tremendous support you have shared over the past two years to help restore hope and connect for life. The demand to provide suicide prevention education and awareness trainings, technical assistance for County Suicide Prevention Coalitions and expanding the suicide prevention research agenda continues to grow. Your support is vital to ensuring these efforts remain in place.

OSPF has continued to forge new alliances and collaborative partnerships to help strengthen our mission for promoting suicide prevention as a public health issue. Ohio is recognized as having one of the largest statewide grass roots suicide prevention infrastructures in the nation. OSPF is proud of the network of 73 County Coalitions and anticipates five Coalitions will develop in 2010.

The Foundation staff has worked tirelessly to engage community partners in shared learning opportunities by providing and co-sponsoring conferences and trainings that provide awareness, education and research information to survivors of suicide loss as well as mental health, health, education, law enforcement and justice professionals just to name a few.

Advocacy and education have been the primary focus for OSPF given the economic issues facing Ohio. Ohioans need to feel connected to their families, friends and communities and especially families and friends who experience brain-based diseases such as mental illness and addiction. The Foundation strongly believes that there is no health without good mental health.

By supporting OSPF you help stamp out stigma, promote suicide prevention as a public health issue, support awareness and education programming, support community suicide prevention coalitions and advance suicide prevention research. With your donation, together we can restore hope and connect for life.

Thank you for considering a contribution to help OSPF continue its work.

Ralph Waldo Emerson said it best----***It is one of the most beautiful compensations in life.....We can never help another without helping ourselves.*** With your donation, together we can restore hope and connect for life.

OSPF offers donors the option to **contribute online at [www. Ohiospf.org](http://www.ohiospf.org)** or checks can be made payable to **Ohio Suicide Prevention Foundation**.

Sincerely,

Carolyn Givens

Carolyn Givens, Executive Director
Ohio Suicide Prevention Foundation

Contributions to OSPF are tax deductible as allowable by law.