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Ohio Suicide Prevention Foundation

Connecting For Life

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OSPF Re-Issues Its Bimonthly Newsletter for 2017!

The Ohio Suicide Prevention Foundation (OSPF) is excited to share its first bimonthly newsletter for 2017! Throughout the year, OSPF will have many opportunities for organizations, coalitions, and community members to get involved in suicide prevention. Read this month's newsletter (and future newsletters) to learn about upcoming trainings, funding opportunities, resources, and news central to suicide prevention in Ohio!

Newsletter Contents:

- ◆ Introduction to the Ohio Campaign for Hope
- ◆ 2017 training opportunities for individuals and organizations
- ◆ Introduction to the Coalition's Corner
- ◆ Introduction from SAMHSA GLS Grant Project Coordinator, Shawna Hite

Introduction to the Ohio Campaign for Hope

OSPF has entered Fiscal Year II of the Ohio Campaign for Hope, a SAMHSA Garret Lee Smith (GLS) Grant. This wide-arching suicide prevention initiative targets Ohio youth and young adults (10-24). While all youth are targeted by the Campaign, special focus has been placed on high-risk populations including lesbian, gay, bisexual and transgender (LGBTQ) youth, military members and their families, youth in the foster care and juvenile justice systems, youth experiencing substance abuse, and youth who have been seen in hospitals for suicide thoughts or behaviors.

OSPF is collaborating with Campaign partners across Ohio to prevent youth suicide. Through these partnerships, the following exciting actions are occurring in our state:

- 1) [Gatekeeper suicide prevention trainings](#) are available for adults working with youth and young adults (10-24) in schools, higher-ed, the military, and beyond.
- 2) [Workforce development trainings](#) in recognizing and treating suicide ideation are being offered for behavioral health professionals across the state.
- 3) FrontLine Services will provide [Caring Contacts](#) to crisis callers, as well as Cleveland Clinic ER patients and inpatient psych patients with suicide risk.
- 4) OSPF is working with Ohio medical schools to update curriculum and clinical practices which will help future physicians recognize patients at risk for suicide.

Read the next section to learn how you can take part in the Campaign's suicide prevention gatekeeper and/or workforce trainings!

To learn more about the Ohio Campaign for Hope, visit the [SPRC grantee website](#).

2017 Suicide Prevention Trainings Available:

Online, Gatekeeper Suicide Prevention Trainings are available to all Ohioans!
Gatekeeper trainings include the following:

- ◆ [At-Risk](#) for Elementary School, Middle School, & High School personnel
- ◆ [Step In, Speak Up](#) for adults working with LGBTQ youth
- ◆ [Friend to Friend](#) for youth and young adults 13-17 (enter enrollment key "ohiospf")
- ◆ [LGBTQ on Campus](#) for higher-ed students (17-24 years in age)
- ◆ [Vets on Campus](#) for military veterans participating in higher-education
- ◆ [Together Strong](#) phone app for military veterans (Must enter Ohio Zip Code to play.)
- ◆ [Family of Heroes](#) for families of military members and veterans

Trainings are online and self-paced. Click the links or visit ohiospf.org to register.

[Regional Workforce Development Trainings](#) are available to behavioral health professionals across the state at little or no cost! These trainings include:

- ◆ Collaborative Assessment and Management of Suicidality ([CAMS](#))
- ◆ Assessing and Managing Suicide Risk ([AMSR](#))

Visit Ohiospf.org to view a calendar of trainings and for more information.

For questions on the trainings, email: Shawna Hite, shawna.hite@ohiospf.org

Ohio Suicide Prevention Coalitions' Corner

OSPF seeks to improve communication between our Foundation and coalitions.

Many of you spoke with OSPF's intern, Austin Lucas, a psychology and communications student at The Ohio State University. Austin has been updating and verifying OSPF's contact information for each coalition in Ohio.

OSPF will use this information to create a coalition list-serve and contact page on ohiospf.org. While this is not yet complete, OSPF is excited to develop a tool which all coalitions will be able to use to communicate with both OSPF and each other!

In each bimonthly newsletter, be sure to check out the *Coalition's Corner* to find news and announcements especially for Ohio's Suicide Prevention Coalitions!

Introduction to New SAMHSA GLS Grant Project Coordinator

OSPF welcomes Shawna Hite as the SAMHSA GLS Grant Project Coordinator.

In November 2016, Shawna was hired into OSPF full-time. Shawna brings experience in working with physical and mental health, as well as passion for suicide prevention. Shawna completed her graduate thesis in 2015 on Best Practices for Ohio Suicide Prevention Coalitions and presented at May 2016's OSPF Gathering and Celebration.

To learn more about Shawna or to welcome her to OSPF, view her bio on Ohiospf.org

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