

## Why Take Part in AMSR?

**Suicidal behavior is a major cause of death and disability in U.S.**

Over 44,000 people die by suicide each year in the U.S. --- And for every suicide death, there are an additional 25 suicide attempts.

***A significant proportion of people who die by suicide have had recent contact with a behavioral health professional prior to their death.***

AMSR will prepare professionals to assess, treat, and manage their patients and clients struggling with suicidality.

**AMSR provides workforce development in suicide prevention:**

AMSR teaches core suicide prevention competencies which meet the needs of various behavioral health professionals. These professionals include psychiatrist and psychologists, counselors, social workers, therapists, ATOD professionals, and professionals working with youth (10-24) in the juvenile justice or foster care systems, and other settings.

Funding for Assessing and Managing Suicide Risk (AMSR) was made possible (in part) under grant number SM062894 from the Substance Abuse & Mental Health Services Administration (SAMHSA). The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the views, opinions, or policies of CMHS, SAMHSA, or HHS; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

## AMSR Workshop Date & Location:

**Tuesday  
April 4<sup>th</sup>, 2016**

**Sign In: 8:30am-9:00am  
Training: 9:00am-5:00pm**

**Cost: \$30.00  
Register at: [www.cvent.com/d/35qj9f](http://www.cvent.com/d/35qj9f)**

**Crown Plaza North-Worthington  
6500 Double Tree Avenue  
Columbus, OH 43229  
Phone: 614-885-1885**



AMSR was developed by the American Association of Suicidology and the Suicide Prevention Resource Center.



## Assessing and Managing Suicide Risk (AMSR):

**Core Competencies for  
Behavioral Health Professionals**

The Ohio Suicide Prevention Foundation (OSPF) provides AMSR through SAMHSA GLS Grant SMO62894

**Tuesday  
April 4<sup>th</sup>, 2016  
9:00am-5:00pm**

**Crown Plaza North-Worthington  
6500 Double Tree Avenue  
Columbus, Ohio**

OSPF invites you to this one day workshop designed to train behavioral health professional in how to recognize and assess suicide risk in youth and young adults, plan for patient safety, and manage the ongoing care of at-risk patients.

## Workshop Objectives:

### Participants will learn the following core competencies:

- Managing reactions to suicidality in clients
- Reconciling the difference between a clinician's goal to prevent suicide and a client's goal to eliminate pain
- Maintaining a collaborative stance
- Eliciting suicide ideation, behavior, and plans
- Judging a client's suicidal risk
- Developing safety plans
- Developing a written treatment plan for suicide ideation
- Developing policies and procedures for monitoring clients
- Implementing the principles of crisis management

*The OhioMHAS Continuing Education Committee is an approved provider of Continuing Education Unites (CEUs) for RNs, LPNs, Ohio Counselors, Marriage & Family Therapists, Social Workers, Chemical Dependency Professionals, and Psychologists.*

**Participants will receive 6.5 CEU hours for all above listed disciplines.**

## Workshop Components:

### AMSR includes:

- A mix of lectures, role-play, written exercises, and video modeling
- A participant manual covering each major competency
- Suicide prevention resource lists for each major competency
- Ample time for discussion

## Registration:

### Register online at:

<http://www.cvent.com/d/35qj9f>

### Cost: \$30.00

- Covers cost of CEUs, lunch, and registration processing
- Pay via credit card, check, or P.O. Number

### Registration Deadline:

- March 31, 2017 @ 5:00pm

**This event will be ADA Compliant.**

*For additional information on the workshop,*

call: 614-429-1528

email: [shawna.hite@ohiospf.org](mailto:shawna.hite@ohiospf.org)

## AMSR Trainer:

**Josephine Ridley, Ph.D.**, is a clinical psychologist and manages a partial hospitalization program for the seriously mentally ill at the Louis Stokes Cleveland VA Medical Center. She is an adjunct Associate Professor of Psychology at Case Western Reserve University, works in private practice with adolescents, adults and geriatric clients, and has conducted workshops for numerous organizations.

She has served on the OSPF Advisory Committee since 2005, and on the workgroup tasked with facilitating the implementation of Ohio House Bill 28's Institutions of Higher Education suicide prevention efforts.

She is published in the areas of anxiety and depression, co-authored a book chapter on suicide and mood disorders, and is conducting research on depression and suicide. She has provided the AMSR Workshop for multiple naval bases, community hospitals, and mental health centers across the country.

**Josephine Ridley, Ph.D., is certified by the Suicide Prevention Resource Center as a Master Trainer of Trainers in the AMSR workshop.**

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